

**17th Annual DARE 5K
Herkimer, NY**

08/18/2012

TNT Timing**Top Overall Finishers**

Place	Name	Bib	Age	Team/Hometown	Time
TOP MALE FINISHERS					
1	Turner, Sean	16	17	HERKIMER NY	20:00.80
2	Paddock, Stephen	176	17	Ilion NY	20:06.87
3	Sutton, Tyler	22	15	UTICA NY	20:16.48
TOP FEMALE FINISHERS					
1	McIntyre, Shelby	175	17	Ilion NY	20:56.73
2	Latella, Gianna	167	17	Cassville NY	22:41.42
3	White, Kelsey	34	17	HERKIMER NY	22:52.85

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08/18/2012 -

Event # 1 MIXED 5K Run

FINALS

Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
FEMALE 1 - 11					
1	LEAH BASEL	8	F	10 HERKIMER NY	26:37.3
2	CASSANDRA GILBERT	125	F	10 HERKIMER NY	33:57.1
3	BECCA GROSSMAN	112	F	9 SALISBURY CENTER NY	47:45.2
FEMALE 12 - 15					
1	TARA SEIGLE	4	F	15 COLD BROOK NY	24:07.6
2	COURTNEY GREEN	36	F	15 POLAND NY	25:12.3
3	ALEXANDRIA BANDEL	40	F	15 MOHAWK NY	25:22.0
4	SHANNON SWIERAT	149	F	15 Remsen NY	25:26.0
5	KARA MORRISON	25	F	14 NEWPORT NY	25:33.7
6	MORGAN STEERE	1	F	14 DEERFIELD NY	26:12.3
7	NICOLE ZALESKI	90	F	15 HERKIMER NY	28:45.3
8	MIKAYLA BLUMENSTOCK	100	F	14 POLAND NY	31:51.6
9	BRIANNA PARKS	82	F	15 HERKIMER NY	33:23.5
10	REBECCA BRUCE	113	F	14 ST JOHNSVILLE NY	33:42.9
11	SHYANNE HILL	86	F	12 HERKIMER NY	34:24.3
FEMALE 16 - 19					
1	EMILY LALONDE	98	F	17 ILION NY	24:09.0
2	CHRISTINA MURPHY	171	F	16 Whitesboro NY	24:23.7
3	ALYSSA LEPPER	103	F	16 REMSEN NY	25:38.0
4	LILLIE BELL WILLIAMS	87	F	16 HERKIMER NY	27:03.8
5	BRITTANY GREEN	99	F	17 POLAND NY	28:52.4
6	SHELBY LOVEDAY	147	F	16 Dubai UAE	29:00.9
7	ABIGAIL BAKER	80	F	17 COLD BROOK NY	29:13.0
8	RENEE HAMILTON	27	F	17 HERKIMER NY	30:12.9
9	MORGAN SOBOTKA	146	F	18 West Monroe NY	30:43.3
10	SHELBY OSSONT	105	F	16 POLAND NY	33:47.3
11	MAUREEN MCMAHON	108	F	17 ILION NY	41:01.3
12	NICOLE WILSON	41	F	16 ILION NY	41:01.5
13	BROOKE BRUNER	42	F	17 ILION NY	41:01.8
FEMALE 20 - 29					
1	ASHLEY BERGER	179	F	27 Utica NY	26:00.0
2	CHRISTINA VOGEL	170	F	23 Oneonta NY	28:25.7
3	SARAH SNELL	115	F	29 ST JOHNSVILLE NY	29:05.0
4	BRIDGET RENDA	164	F	26 St Johnsville NY	29:54.7
5	AMANDA ROSE	152	F	27 Fultonville NY	30:14.2
6	ANDREA OSTRANDER	151	F	29 Sprakers NY	46:53.6

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FEMALE 30 - 39					
1	RHONDA BANDEL	39	F	39 MOHAWK NY	26:55.3
2	JACKIE BRAY	96	F	35 ILION NY	27:35.2
3	JILL SCHRADER	97	F	34 ILION NY	28:12.3
4	SHERRY FARRINGTON	163	F	39 Little Falls NY	28:22.3
5	DAWN MCCUMBER	102	F	36 LITTLE FALLS NY	32:36.9
6	DANA SILANO	161	F	30 Little Falls NY	33:19.2
FEMALE 40 - 49					
1	SHARON LANZA	19	F	49 HERKIMER NY	23:55.1
2	MARIA LOVEDAY	148	F	47 Dubai UAE	27:22.6
3	BRENDA RIESEL	158	F	41 Herkimer NY	28:13.2
4	LISA SEIGLE	6	F	45 COLD BROOK NY	31:14.6
5	KIM ENEA	95	F	41 LITTLE FALLS NY	32:39.4
6	KRIS RICHARDSON	106	F	42 LITTLE FALLS NY	33:20.7
7	CYNTHIA QUACKENBUSH	91	F	48 HERKIMER NY	33:24.7
8	JOY PRESTA	84	F	46 HERKIMER NY	40:25.0
9	HEIDI GROSSMAN	117	F	46 SALISBURY CENTER NY	46:51.3
FEMALE 50 - 59					
1	PAMELA GYDESEN	162	F	57 Mohawk NY	28:32.5
2	CINDY CHASE	154	F	50 Canajoharie NY	32:35.5
3	NANCY SAUNDERS	131	F	55 HERKIMER NY	33:10.0
4	CHERYL NETTI	23	F	52 HERKIMER NY	33:58.2
5	SUZANNE STONE	120	F	58 DOLGEVILLE NY	35:05.2
MALE 1 - 11					
1	ADIN LAUDERMILCH	127	M	9 MOHAWK NY	22:38.9
2	TYLER STEELE	58	M	9 HERKIMER NY	27:52.7
3	HAYDEN LOHMANN	79	M	10 HERKIMER NY	29:27.8
4	DYLAN LYLE	141	M	11 Herkimer NY	29:28.7
5	NICHOLAS SHUDD	122	M	8 ILION NY	29:46.8
6	JOEY CARNEY	136	M	10 Herkimer NY	30:29.6
7	CHYLE GROSSMAN	119	M	11 SALISBURY CENTER NY	34:35.9
8	JACOB GROSSMAN	118	M	8 SALISBURY CENTER NY	36:20.2
9	NICK DUFFY	123	M	10	46:44.0

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MALE 12 - 15					
1	ZACH STEELE	49	M	15 HERKIMER NY	21:30.9
2	COLIN ACKER	43	M	15 HERKIMER NY	22:21.9
3	MICHAEL STALTERI	177	M	15 East Herkimer NY	23:48.0
4	ANDRE YOUNG	168	M	13 Herkimer NY	24:17.2
5	MARK BLUM	66	M	15 HERKIMER NY	24:25.3
6	JOSHUA LAMANNA	67	M	15 HERKIMER NY	25:34.7
7	ERIC JOHNSTON	69	M	15 HERKIMER NY	25:36.4
8	BRENNEN THOMPSON	68	M	15 HERKIMER NY	25:36.9
9	ANTHONY LAPELLA	109	M	12 CASSVILLE NY	26:05.5
10	SALVATORE LAPELLA	101	M	12 CASSVILLE NY	26:06.8
11	JOHN ZALESKI	89	M	13 HERKIMER NY	26:29.1
12	BRANDAN PARKS	83	M	13 HERKIMER NY	26:42.0
13	DAN APPELY	94	M	14 HERKIMER NY	26:46.4
14	TERRENCE OLDFIELD	46	M	15 HERKIMER NY	27:27.5
15	RYAN PALMIOTTO	65	M	15 HERKIMER NY	29:11.7
16	DALTIN ABRAMS	126	M	13 FRANKFORT NY	29:37.2
17	ZACK ROSENBERGER	71	M	15 HERKIMER NY	30:57.0
18	AUSTIN MILLS	50	M	15 HERKIMER NY	30:57.6
19	TYLER MOERIER	59	M	15 HERKIMER NY	32:16.6
20	MARSHALL BOREK	140	M	12	32:26.7
21	ISOWAN HERRON	54	M	15 HERKIMER NY	32:28.1
22	COSIMO TANGORRA	53	M	14 HERKIMER NY	47:05.7

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MALE 16 - 19					
1	CODY DEBERNARDIS	32	M	18 WHITESBORO NY	20:58.9
2	CHRIS HUNTER	26	M	17 WHITESBORO NY	21:33.7
3	NICHOLAS NETTI	24	M	16 HERKIMER NY	22:55.4
4	MALIK BRIGGS	70	M	16 HERKIMER NY	23:10.5
5	PARKER MORRIS	17	M	19 HERKIMER NY	23:13.1
6	KYLE TURNER	15	M	19 HERKIMER NY	23:23.4
7	RYAN FAHY	60	M	16 HERKIMER NY	24:12.7
8	ZACH MESZLER	92	M	17 HERKIMER NY	24:20.0
9	MATTHEW BOREK	52	M	16 HERKIMER NY	24:20.3
10	DALTON ROWAN	62	M	16 HERKIMER NY	24:20.6
11	ADRIAN VISCOMI	51	M	17 HERKIMER NY	24:59.9
12	MCLANE TYOE	35	M	17 HERKIMER NY	25:08.2
13	MICHAEL FERRUCCI	180	M	17 Herkimer NY	25:41.5
14	JAMES TANGORRA	47	M	17 HERKIMER NY	27:27.7
15	JOSEPH MCKINNEY	45	M	18 HERKIMER NY	27:28.0
16	MICHAEL DOBEK	44	M	17 HERKIMER NY	28:09.2
17	STEPHEN SCIADO	48	M	16 HERKIMER NY	28:13.0
18	ALEXANDER SHEPARDSON	64	M	16 HERKIMER NY	28:21.9
19	STEVEN NAPOLITANO	55	M	16 HERKIMER NY	28:39.5
20	SIMON SHUSTER	114	M	19 ST JOHNSVILLE NY	28:44.7
21	BROCK ABRAMS	111	M	16	29:23.5
22	KYLE RIVERS	142	M	17 Herkimer NY	30:55.4
23	SEAN GALLAGHER	143	M	17 Herkimer NY	30:55.8
24	NICK MOROSCO	56	M	16 HERKIMER NY	30:58.2
25	SALVATORE D'ARRIGO	110	M	18 SAUQUOIT NY	34:51.4
26	HOLDEN SMITH	93	M	17 HERKIMER NY	36:20.4
27	BRANDON KEYSER	63	M	16 HERKIMER NY	41:41.0
28	ANDREW BICKING	61	M	17 HERKIMER NY	41:45.5
29	BRYAN CULLEN	124	M	17 MOHAWK NY	41:49.5

MALE 20 - 29

1	JUSTIN BENNETT	174	M	20 Ilion NY	20:24.6
2	ADAM WEZALIS	178	M	26 Ilion NY	20:48.9
3	RYAN TURNER	14	M	21 HERKIMER NY	21:04.4
4	PAUL ROSBROOK	31	M	27 ONEONTA NY	21:12.6
5	JOSHUA LANZA	18	M	20 HERKIMER NY	24:16.4
6	CHAD MANLEY	156	M	29 Herkimer NY	26:42.7
7	JORDAN SMITH	116	M	25 RICHMOND CA	28:44.4
8	SHANE CRANDELL	81	M	22 HERKIMER NY	29:52.8
9	DAVE JONES	21	M	24 MOHAWK NY	31:29.8
10	KENNETH GATES III	133	M	28 Utica NY	38:44.4

MALE 30 - 39

1	FRANCIS A. PERUZZI	11	M	35 HERKIMER NY	20:48.5
2	DOUGLAS BARTON	88	M	33 HERKIMER NY	29:55.4
3	ADAM MCNAMARA	134	M	33 Knoxboro NY	31:44.2

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Place	Name	Bib	Age/Grade	Team/Hometown	Time/Mark
MALE 40 - 49					
1	PAUL TURNER	13	M	46 HERKIMER NY	22:00.3
2	JOE DEANGELO	165	M	48 Ilion NY	22:46.6
3	ROBERT NASYPANY	3	M	48 HERKIMER NY	22:53.1
4	DAVID HARRIGAN	159	M	40 Ilion NY	24:43.2
5	TOM GALLAGHER	144	M	48 Herkimer NY	24:45.6
6	TOM BASEL	7	M	41 HERKIMER NY	26:37.5
7	JOHN SEIGLE	5	M	45 COLD BROOK NY	26:41.1
8	MARK HASKINS	38	M	43 CORTLAND NY	28:39.2
9	ALAN STEELE	57	M	48 HERKIMER NY	29:32.2
10	RODNEY RIESER	157	M	47 Herkimer NY	29:39.7
11	MATTHEW SHUDD	121	M	41 ILION NY	30:07.4
12	THOMAS ARCURI	128	M	49 HERKIMER NY	31:02.1
13	STEFANO NAPOLITANO	135	M	45 Herkimer NY	31:46.8
14	SEAN STEERE	2	M	45 DEERFIELD NY	32:00.5
15	MIKE CARNEY	138	M	44 Herkimer NY	32:55.4
MALE 50 - 59					
1	TOM ERICKSON	130	M	55 HERKIMER NY	21:37.2
2	MIKE DUNN	107	M	53 NEW HARTFORD NY	24:04.6
3	DAVE YOUNG	169	M	52 Lowville NY	24:24.1
4	JIM MURPHY	85	M	51 HERKIMER NY	24:24.7
5	LES CHASE	153	M	50 Canajoharie NY	25:59.3
6	BRAD SAUNDERS	132	M	56 HERKIMER NY	30:39.5
7	JIM SMITH	160	M	51 Herkimer NY	36:20.6
8	TIM GARREN	9	M	58 HERKIMER NY	37:02.5
9	CHARLES CRANDALL	172	M	57 Herkimer NY	39:06.9
MALE 60 - 69					
1	JIM ROACH	28	M	68 ILION NY	25:04.3
2	PAUL BOOR	173	M	65 Galveston TX	26:57.1
3	LEIGH FRYE	10	M	65 ILION NY	27:00.9
4	FRANCIS J. PERUZZI	12	M	61 HERKIMER NY	28:17.6
MALE 70 - 98					
1	JOE MADEIRA	166	M	70 Schuyler NY	29:50.2